THIS WEEK

Week 3/09/26

What's Happening

M

Pan Seared Chicken Marsala FIT
Steamed Brown Rice **FIT**
Roasted Herb Vegetable Medley

Deli	Roast Turkey, Spinach, Avocado, Roasted Red Pepper Onion Focaccia
Grill	Smokin Hot BBQ Beef Burger Lettuce,Tomato.Pepper Jack Brioche
Salad	Farro Tabbouleh FIT
Soup	Vegetarian Minestrone Soup **FIT**

T

B.Y.O Greek Gyro Bar
Lamb, Lettuce,Tomato,Olive,Feta,Tzatziki Sauce,Pita
Seasoned Curly Fries /Steamed Broccoli **FIT**

Deli	Roast Beef, Frizzel Onion, Chipotle Horseradish Mayo,Cheddar,Baghette
Grill	Southwest Chicken, Cheddar Quesadilla, Salsa, Sour Cream
Salad	Barley Lemon, Dill, Feta Salad **FIT**
Soup	Cuban Black Bean Soup **FIT**

W

Swedish Meatballs
Cheddar Cheese Scalloped Potatoes
Steamed Peas and Carrots **FIT**

Deli	Chicken, Avocado, Creamy Garlic Dressing, Light Mayonnaise, Flatbread **FIT**
Grill	Shake and Bake" Oven Fried Chicken **FIT**
Pizza	Cheese / Pepperoni
Soup	Chicken Noodle **FIT 30721.4**

Th

Global Foods Filipino Filipino / Spicy Cucumber Salad
Filipino Chicken Adobo **FIT**
Garlic Jasmine Rice / Sauteed Chinese Broccoli **FIT**

Deli	Italian Combo, Fresh Mozzarella Baguette
Grill	Sweet Chili Glazed Salmon **FIT**
Salad	Broccoli, Cauliflower Slaw, Pumpkin Seeds, Dried Cranberries **FIT**
Soup	Vegetable Lentil, Brown Rice Soup FIT

F

GRAB AND GO SANDWICHES & SALADS

Food by **FLIK**